

Free Theatre Classes for Migrants, Refugees and ESOL students

From September 6th 2020 LegalAliens Theatre will resume their FREE theatre classes for migrants, refugees and ESOL students. The sessions (open to all ages and levels of English) encourage students from all linguistic, social and cultural backgrounds to gain confidence, improve language skills and express themselves. Participants will have 2 options:

1) IN LOCO: The Engine Room, Lebus Street Tottenham N17 9FU. We guarantee a clean and regularly disinfected space.
PARTICIPANTS ARE REQUIRED TO WEAR MASKS

2) ONLINE: We will send a Zoom link to anyone wishing to attend from home. These sessions will either happen at the same time as the physical classes or on a different evening

WHEN: Every Monday @6.30-8.30PM (excluded bank holidays, half term and Christmas break)
HOW TO REGISTER: **Email info@legalaliens.org or ring 07957558580 for more info**

STRUCTURE:

GAMES: We start with "theatre games" to warm up, work on team building, imagination, and listening. These exercises encourage conversation in a fun manner.

ACTING: Traditional acting techniques (like Meisner's "repetitions" or Lecoque's "states of tension") are taught to develop speaking skills as well as confidence skills.

VOICE: Participants practice vocal techniques (articulation, breathing, pronunciation). These exercises are proved to build confidence, and are popular with people who are shy and scared to speak.

TEXT: We use extracts from contemporary and classic plays, to practice reading, build vocabulary and create characters. We occasionally present public performances with those wishing to take part

IMPROS: Guided improvisations are also part of the sessions, with participants being encouraged to invent stories together, work on storytelling, free writing and creativity.

INCLUSION IS KEY! Tasks can be adapted to accommodate reduced mobility or disability. We are also happy to translate into multiple languages when appropriate.

LegalAliens' is a Haringey based theatre ensemble comprised of professional actors who migrated to the UK from different countries. We produce shows that have diversity at their core, and have been running workshops with the community for ten years. For more info please visit www.legalalienstheatre.com or follow us on Twitter @LegalAliensITC

WHAT PREVIOUS PARTICIPANTS SAY:

"I was scared of speaking in English when I joined the class. But it changed my life. I felt so proud of myself and my English has improved so much. I love it." Marta, Italy

"Every Monday night I go home with a big smile of my face." Madlena, Bulgaria

"I feel confident at job interviews. When I worry about my accent I think, 'I'm a actress, I go to theatre class!' and I don't feel scared any longer." Zanete, Latvia

"The workshops are like my family. I will never stop attending!" Adnan, Turkey